

Instructor Reflections and Remarks
To Anatomy and Physiology I
(7-Week Accelerated Online Course)

INTRODUCTION

So, what can you expect from Anatomy and Physiology I? Here are a few points:

Anatomy and Physiology is a language; you will be introduced to a broad range of new vocabulary and must learn to use it accurately.

Anatomy and Physiology is a mental challenge; you will create new connections and let go of old ideas, which may challenge your worldview (career perspective). However, building a strong foundation and understanding in any new subject requires effort.

Anatomy and Physiology is an adventure; we will explore material and topics you may have never considered before. Expect to be enlightened.

With this in mind, you will need to STUDY HARD!!!

But I am here to assist you. To be clear, I cannot do your work for you. However, I am here to motivate and guide you with the best strategies to master the material. You should plan your daily routine to include several hours dedicated to mastering the course content.

TIME MANAGEMENT AND CAREER GOALS

We all come from different backgrounds, with various employment obligations and possibly family commitments that must be maintained. With all these demands on our time and resources, adding another major activity can be challenging. For instance, setting aside several hours daily for studying can seem daunting. However, this must be addressed promptly, and a thoughtful decision is necessary for success.

Three key time blocks need to be scheduled:

1. Several hours per module should be devoted to instructional presentations and resources. During this time, the content is reviewed, and notes are taken.

2. Mastering the material will also require additional review and study in preparation for scheduled assessments.
3. Lastly, you will need to reserve a specific time to take exams when they are administered on Blackboard.

With this in mind, I encourage you to discuss your educational needs with those important in your life. Also, consider all the time-consuming activities in your life and make appropriate adjustments based on your career goals. The word “priorities” comes to mind.

COURSE STRUCTURE and INSTRUCTIONAL METHOD

This course is divided into several topic units or modules. Each module has specific instructional goals, and most units will be assessed individually. Access to the instructional goals and assignments for each unit can be found under the course contents folder on Blackboard. Assessments are conducted through exams that must be completed on the dates and times specified in the syllabus. While exam dates are indicated in the syllabus, they are target dates, and adjustments may be made based on the progress of the lecture sequence.

FOR EACH UNIT YOU WILL BE EXPECTED TO:

- Master the anatomy covered in the lecture notes.
- Understand physiological themes, concepts, and processes presented in the course material related to the anatomy.

With all this in mind, I am confident you will find the course both challenging and enlightening, and worth the effort you will need to invest.

Get ready to STUDY HARD!!!